

A decorative string of colorful lights (green, blue, red, green, blue, red) hanging from a black wire.

# Relationships Matter

**5<sup>th</sup> to 9<sup>th</sup> February 2024**

Please see the full programme and register for any online workshops that are of interest [here](#)

**'Relationships Matter' Week will celebrate all relationships including couples, ex-partners, parents, children, colleagues, residents and, of course, ourselves.**

**During the week we will be hosting a series of talks, webinars and workshops on the theme of relationships, examining how important they are to our wellbeing, resilience and confidence.**

**The events are open to all employees of Bristol City Council and their partners.**

**Talking about relationships can often feel personal and seeking help can be tricky.**

**We want to open up the conversation and reflect on our own relationships to improve our understanding of the families we seek to support and encourage access to our services and interventions in Bristol.**

The launch event for our Relationships Matter week will take place on

**Monday 5<sup>th</sup> February 09:30-12:30 at City Hall with [David Olusoga](#), historian, writer, broadcaster, presenter, filmmaker and local dad as key-note speaker.**

**Book your free place [here](#)**

