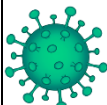







# Coronavirus (Covid-19)


A quick guide for parents/carers

**Symptoms of Covid – if your child has one or more of these symptoms, please book a test via <https://www.gov.uk/get-coronavirus-test>**

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

What to do if...	Action to take	Return to nursery when
 <p><b>...your child has coronavirus symptoms</b></p>	<ul style="list-style-type: none"> <li>• Do not come to nursery</li> <li>• Self-isolate</li> <li>• Get a test</li> <li>• Contact nursery daily</li> <li>• Inform nursery immediately about test results</li> </ul>	<p>...the test comes back negative and you are better</p>
 <p><b>...your child tests positive for coronavirus</b></p>	<ul style="list-style-type: none"> <li>• Do not come to nursery</li> <li>• Self-isolate for at least 10 days</li> <li>• Inform nursery immediately about test results</li> <li>• Contact nursery daily</li> </ul>	<p>...they have completed at least 10 days self-isolation but should stay home longer if they still have a temperature (at least a further 24 hours after temperature ends).</p>

		They can return if they have a cough or loss of smell/taste as these symptoms can last for several weeks once the infection is gone.
 <p><b>...somebody in your household has coronavirus symptoms</b></p>	<ul style="list-style-type: none"> <li>• Do not come to nursery</li> <li>• Contact nursery daily</li> <li>• Self- isolate until test result known or for 14 days if test not completed by household member</li> <li>• Household member to get a test</li> <li>• Inform nursery immediately about test results</li> </ul>	...the household member test is negative
 <p><b>...somebody in your household has tested positive for coronavirus</b></p>	<ul style="list-style-type: none"> <li>• Do not come to nursery</li> <li>• Self-isolate for 14 days</li> <li>• Contact nursery daily</li> </ul>	...the child has completed 14 days of self-isolation
 <p><b>...National test and trace have identified your child as a 'close contact' of somebody with symptoms or confirmed coronavirus</b></p>	<ul style="list-style-type: none"> <li>• Do not come to nursery</li> <li>• Self-isolate for 14 days</li> <li>• Contact nursery daily</li> </ul>	...the child has completed 14 days of self-isolation
 <p><b>...your child has travelled and has to self-isolate due to</b></p>	<ul style="list-style-type: none"> <li>• Do not come to nursery</li> <li>• Self-isolate for 14 days</li> <li>• Contact the nursery daily</li> </ul>	...the quarantine period of 14 days has been completed

<p><b>Government quarantine rules</b></p>		
 <p><b>...you have received advice that my child must resume shielding</b></p>	<ul style="list-style-type: none"> <li>• Do not come to nursery</li> <li>• Contact the nursery as advised by your child's key worker</li> <li>• Shield until you are informed restrictions are lifted and shielding is paused again</li> </ul>	<p>...when Government advise it is safe to return to nursery and, if needed, following discussion with the child's clinician.</p>

**[Insert early years setting contact details]**