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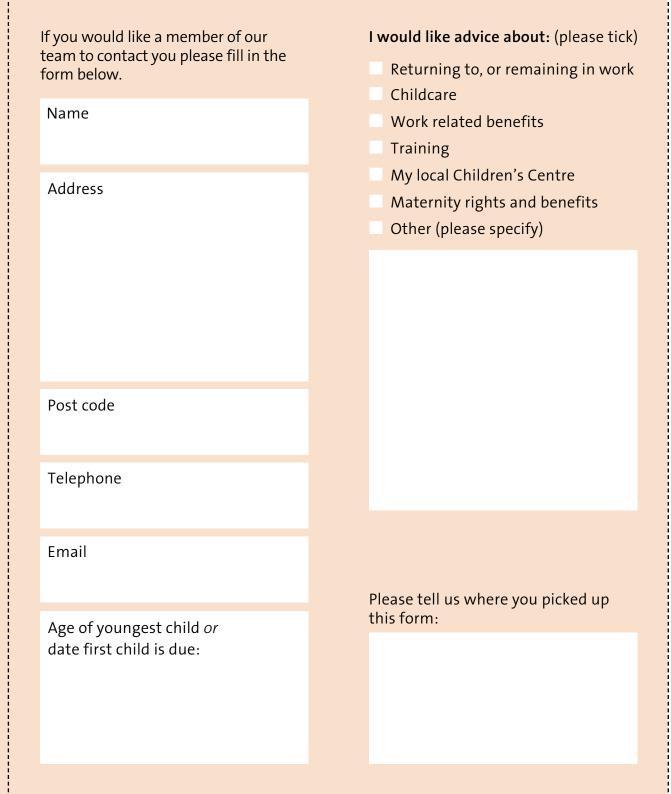
Children's Centre Advice and Support Service



How can the team help you?

The team can assist you by:

- Supporting you in returning to, or remaining in work
- Identifying appropriate childcare
- Helping you calculate your entitlement to benefits and tax credits including a better-off in work calculation
- Identifying training opportunities
- Introducing you to your local Children's Centre
- Telling you about other support available to your family.



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Children's Centre Advice and Support Service

Appointments are available in surgeries held in Children's Centres.

For more information

Tel: **0117 357 4192**

Email: askcyps@bristol.gov.uk

The form attached is available to download at www.bristol.gov.uk/return-to-work

You can submit the form online, or post it free to the address shown overleaf.

The Family Information Service for Bristol

The Family Information Service provides free impartial advice regarding a range of local services, support organisations and registered childcare.



www.1bigdatabase.org.uk

1 Big Database is an online directory of services, events, community and voluntary organisations, clubs and groups in Bristol and South Gloucestershire. It also offers an up-to-date online childcare search with links to Ofsted reports.



For latest news, events and information follow the Family Information Service on Twitter @BristolFIS