

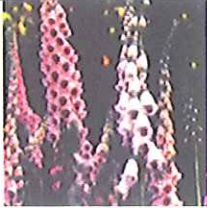










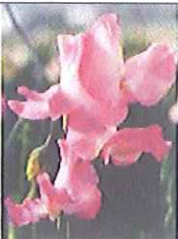
Poisonous Plants







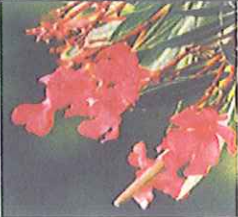
If you look for a list of poisonous plants it will quickly become obvious that almost every plant is harmful in some way. Often we are not aware that certain plants can be harmful, e.g. we all know 'deadly nightshade' is poisonous but did you know some people are sensitive to handling buttercups and eating them can make a child ill?







Whilst there are useful plants that can be part of our diet there are many that it is best not to eat. We cannot expect children, especially the under fives, to know the difference and so it is important to teach them not to eat leaves and berries from the garden, hedgerow or anywhere.

A good practice to adopt for children is: "Don't eat any plant or part of a plant.... unless it is at a meal and on your plate!"

Common Name	Plant image	Part that is poisonous	Symptoms
Deadly nightshade		Berries	Can cause death
Lily of the valley		Berries, leaves and flowers	Similar to Foxglove
Foxglove		All	Heart arrhythmia Death
Spurge		Sap	Sickness Diarrhea

Ivy		Leaves, berries	Mouth, stomach irritation, Difficulty breathing, Convulsions, Coma, Death
Laburnum golden rain		All parts especially seed	Sickness and death from eating seeds
Castor oil plant		Seeds	Very poisonous leading to death
Yew		All	Upset stomach, Death
Rhubarb		Leaves	Sickness, vomiting
Swiss cheese plant		Leaves	Blistering/ Irritation of mouth
Poinsettia		Latex, stems and leaves	Skin irritation
Sweet pea		Seeds	Can kill

Buttercups		Flower, cut stem	Poisoning, Skin irritant
Daffodil		Flower bulb	Diarrhea/ Vomiting death
Chrysanthemums		Leaves, flowers	Dermatitis
Daphne	Small, green leaved bush. There are many varieties	All parts especially berries	A few berries could kill
Hyacinth		Bulbs	Can kill
Primula		Leaves	Severe skin irritation if sensitive
Wisteria		Seeds	Vomiting, gastric pain
Oleander		Leaves	4 leaves can kill!

Aloe		Sap	Dermatitis Stomach cramps, Sickness
Cyclamen		Bulbs and rhizomes	Sickness death
Rhododend- rum Azalea		All parts	Sickness fever
African violet		Leaf	Skin irritant Sickness
Dandelion		Stems	Sap =irritant Diuretic
Tomato leaves		Leaves	Sickness

This list is not comprehensive. “Don’t eat any plant or part of a plant.... unless it is at a meal and on your plate!”